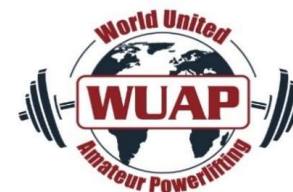




WUAP NVK Austria Rekorde

Powerlifting EQ

Frauen



		Open	Teenager	Junioren	M1 40-49	M2 50-59	M3 60-69	M4 70-74	M5 75+
52kg	Squat	130			140				
	Bench	60			72,5				
	Deadlift	141			150				
	Total	331,5			362,5				
60 kg	Squat	180			105	103			
	Bench	115			57,5	30			
	Deadlift	185			130	100			
	Total	480			292,5	233			
67,5 kg	Squat	175		80	175				
	Bench	135		40	135				
	Deadlift	175,5		110	175,5				
	Total	485,5		225	485,5				
82,5 kg	Squat	230			196	160			
	Bench	120			143	100			
	Deadlift	268			175	180			
	Total	618			514	440			
82,5+ kg	Squat	240	70		147,5				
	Bench	132,5	40		100				
	Deadlift	250	100		172,5				
	Total	612,5	210		420				

52 kg	Open
Squat	130 E. Zehethofer
Bench	60 E. Zehethofer
Deadlift	141 E. Zehethofer
Total	331,5 E. Zehethofer

52 kg	Teenager
Squat	
Bench	
Deadlift	
Total	

52 kg	Junior
Squat	
Bench	
Deadlift	
Total	

60 kg	Open
Squat	180 D. Ranner
Bench	115 D. Ranner
Deadlift	185 D. Ranner
Total	480 D. Ranner

60 kg	Teenager
Squat	
Bench	
Deadlift	
Total	

60 kg	Junior
Squat	
Bench	
Deadlift	
Total	

67,5 kg	Open
Squat	175 M. Zimmer
Bench	135 M. Zimmer
Deadlift	178,5 M. Liebers
Total	485,5 M. Zimmer

67,5 kg	Teenager
Squat	
Bench	
Deadlift	
Total	

67,5 kg	Junior
Squat	80 C. Dörer
Bench	40 M. Arbinger
Deadlift	110 C. Dörer
Total	225 C. Dörer

82,5 kg	Open
Squat	230 C. Blair
Bench	120 C. Blair
Deadlift	268 C. Blair
Total	618 C. Blair

82,5 kg	Teenager
Squat	
Bench	
Deadlift	
Total	

82,5 kg	Junior
Squat	
Bench	
Deadlift	
Total	

82,5+kg	Open
Squat	240 C. Blair
Bench	132,5 E. Pongracz
Deadlift	250 C. Blair
Total	612,5 C. Blair

82,5+kg	Teenager
Squat	70 I. Zierhofer
Bench	40 I. Zierhofer
Deadlift	100 I. Zierhofer
Total	210 I. Zierhofer

82,5+kg	Junior
Squat	
Bench	
Deadlift	
Total	

52 kg	M1 40-49
Squat	140 E. Zehethofer
Bench	72,5 E. Zehethofer
Deadlift	150 E. Zehethofer
Total	362,5 E. Zehethofer

60 kg	M1 40-49
Squat	105 B. Buhl
Bench	57,5 B. Buhl
Deadlift	130 B. Buhl
Total	292,5 B. Buhl

67,5 kg	M1 40-49
Squat	175 M. Zimmer
Bench	135 M. Zimmer
Deadlift	175,5 M. Zimmer
Total	485,5 M. Zimmer

82,5 kg	M1 40-49
Squat	196 M. Zimmer
Bench	143 M. Zimmer
Deadlift	175 M. Zimmer
Total	514 M. Zimmer

82,5+kg	M1 40-49
Squat	147,5 S. Kertelits
Bench	100 S. Kertelits
Deadlift	172,5 S. Kertelits
Total	420 S. Kertelits

52 kg	M2 50-59
Squat	
Bench	
Deadlift	
Total	

60 kg	M2 50-59
Squat	103 K. Heindl
Bench	30 K. Heindl
Deadlift	100 K. Heindl
Total	233 K. Heindl

67,5 kg	M2 50-59
Squat	
Bench	
Deadlift	
Total	

82,5 kg	M2 50-59
Squat	160 A.Thurner
Bench	100 A.Thurner
Deadlift	180 A.Thurner
Total	440 A.Thurner

82,5+kg	M2 50-59
Squat	
Bench	
Deadlift	
Total	

52 kg	M3 60-69
Squat	
Bench	
Deadlift	
Total	

60 kg	M3 60-69
Squat	
Bench	
Deadlift	
Total	

67,5 kg	M3 60-69
Squat	
Bench	
Deadlift	
Total	

82,5 kg	M3 60-69
Squat	
Bench	
Deadlift	
Total	

82,5+kg	M3 60-69
Squat	
Bench	
Deadlift	
Total	

52 kg	M4 70-74
Squat	
Bench	
Deadlift	
Total	

52 kg	M5 75+
Squat	
Bench	
Deadlift	
Total	

60 kg	M4 70-74
Squat	
Bench	
Deadlift	
Total	

60 kg	M5 75+
Squat	
Bench	
Deadlift	
Total	

67,5 kg	M4 70-74
Squat	
Bench	
Deadlift	
Total	

67,5 kg	M5 75+
Squat	
Bench	
Deadlift	
Total	

82,5 kg	M4 70-74
Squat	
Bench	
Deadlift	
Total	

82,5 kg	M5 75+
Squat	
Bench	
Deadlift	
Total	

82,5+kg	M4 70-74
Squat	
Bench	
Deadlift	
Total	

82,5+kg	M5 75+
Squat	
Bench	
Deadlift	
Total	