



Power Haus Havok | Push & Pull
16.11.2024
Salzburg/Austria



Results | Female Bench Press Raw

Age Category	Weight Category	First Name	Last Name	Age	Country	Bench 1	Bench 2	Bench 3	Bench 4	Total	Ranking
Junior	-80	Anna	Eden	23	Germany	70	75	77,5	---	75	1
Junior	-80	Antonia	Rehrl	20	Austria	57,5	60	67,5	---	60	2
Open	-60	Bianca	Al Wazzan	38	Austria	45	50	52,5	---	52,5	1
Open	-60	Iryna	Kovalova	36	Ukraine	47,5	50	50	---	50	2
Open	-80	Denise	Framke	27	Austria	52,5	57,5	62,5	---	57,5	1
Open	80+	Mercedes	Halbig	27	Austria	70	82,5	85	---	82,5	1
Open	80+	Julia	Zemann	34	Austria	45	50	52,5	---	50	2
Masters	-80	Tatiana	Magulova	43	Slovakia	95	100	105	---	100	1
Masters	-80	Romana	Stefanikova	40	Slovakia	75	75	80	---	75	2
Masters	-80	Monika	Lelkes	50	Slovakia	50	50	52,5	---	52,5	3
Masters	-80	Stefanie	Rida-Tupy	41	Austria	42,5	47,5	52,5	---	47,5	4
Masters	80+	Szilivia	Juhasz-Ilyes	48	Hungary	55	55	62,5	---	55	1

Overall Champion:

Tatiana	Magulova	159,08	1
Romana	Stefanikova	122,03	2
Mercedes	Halbig	120,45	3





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Results | Female Bench Press Equipped

Age Category	Weight Category	First Name	Last Name	Age	Country	Bench 1	Bench 2	Bench 3	Bench 4	Total	Ranking
Masters	-60	Carina	Regensberger	42	Austria	95	100	105	---	105	1
Masters	-80	Andrea	Thurner	58	Austria	90	95	102,5 ÖR	---	102,5	1
Masters	80+	Monika	Bazso	50	Hungary	140	170	180	---	180	1
Masters	80+	Sabine	Kraus	56	Germany	70	80	85	---	85	2

Overall Champion: none (less than 4 athletes)



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Results | Female Deadlift Raw

Age Category	Weight Category	First Name	Last Name	Age	Country	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Total	Ranking
Junior	-80	Anna	Eden	23	Germany	180	190	200	---	190	1
Junior	-80	Antonia	Rehrl	20	Austria	115	127,5	140	---	127,5	2
Open	-60	Bianca	Al Wazzan	38	Austria	110	115	120	---	120	1
Open	-80	Denise	Framke	27	Austria	105	115	122,5	---	122,5	1
Open	80+	Mercedes	Halbig	27	Austria	145	160	167,5	---	167,5	1
Open	80+	Julia	Zemann	34	Austria	85	90	100	---	90	2
Masters	-80	Monika	Lelkes	50	Slovakia	125	130	132,5	---	132,5	1
Masters	-80	Stefanie	Rida-Tupy	41	Austria	105	115	122,5	---	122,5	2

Overall Champion:

Anna	Eden	291,84	1
Mercedes	Halbig	244,55	2
Monika	Lelkes	233,27	3





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Results | Female Deadlift Equipped

Age Category	Weight Category	First Name	Last Name	Age	Country	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Total	Ranking
Masters	-80	Andrea	Thurner	58	Austria	170	192,5 ÖR	200 ÖR	---	200	1

Overall Champion: none (less than 4 athletes)



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Guest	-85	Anton	Simek jun.	14	Austria	60	70	75	---	75	1
Junior	-105	Aaron	Biebel	20	Germany	140	147,5	155	---	155	1
Junior	-105	Markus	Bischof	21	Austria	130	140	145	---	140	2
Junior	105+	Markus	Bauder	16	Austria	100	110	120	---	120	1
Open	-85	Philipp	Jambor	35	Germany	160	170	170	---	170	1
Open	-85	David	Fellner	26	Austria	155	160	162,5	---	162,5	2
Open	-85	Patrick	Peterlechner	32	Austria	145	155	160	---	155	3
Open	-85	Michael	Hinz	30	Austria	140	145	145	---	145	4
Open	-85	Niklas	Rupprechter	27	Austria	125	135	140	---	140	5
Open	-85	Oliver	Apfelthaler	28	Austria	115	125	130	---	130	6
Open	-105	Patrick	Gerhartl	31	Austria	190	200	205	---	205	1
Open	-105	Ewald	Scheibenpflug	28	Austria	170	180	190	---	180	2
Open	-105	Sergii	Kovalov	36	Ukraine	175	180	182,5	---	180	3
Open	-105	Roman	Salbrechter	36	Austria	165	175	177,5	---	175	4
Open	-105	Thomas	Steinacker	32	Austria	145	155	165	---	155	5
Open	-105	Matthias	Janda	33	Austria	142,5	152,5	---	---	142,5	6
Open	-105	Peter	Razenböck	42	Austria	130	140	150	---	140	7
Open	-105	Timon	Zemann	34	Austria	90	95	102,5	---	95	8
Open	-105	Daniel	Breckner	28	Austria	130	140	145	---	0	9



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Age Category	Weight Category	First Name	Last Name	Age	Country	Bench 1	Bench 2	Bench 3	Bench 4	Total	Ranking
Open	105+	Christoph	Felder	32	Germany	225	230	245	---	230	1
Open	105+	Christian	Raidel	42	Austria	210	227,5	243 ÖR	---	227,5	2
Open	105+	Franz	Seewald	53	Austria	175	185	195	---	195	3
Open	105+	Jonas	Schwaiger	22	Austria	180	190	195	---	195	4
Open	105+	Rechard	Nemeth	30	Hungary	175	185	195	---	185	5
Open	105+	Markus	Maßwohl	25	Austria	165	175	182,5	---	182,5	6
Open	105+	Michael	Bauder	27	Austria	150	157,5	162,5	---	162,5	7
Open	105+	Robin	Lipp	26	Austria	142,5	152,5	160	---	152,5	8
Masters	-85	Florian	Maikl	40	Austria	145	155	155	---	145	1
Masters	-85	Mike	Künzling	59	Germany	120	130	132,5	---	130	2
Masters	-85	Reinhard	Müller	56	Austria	112,5 ÖR	117,5 ÖR	122,5 ÖR	---	117,5	3
Masters	-85	Gerd	Müller	72	Germany	100	110	112,5	---	112,5	4
Masters	-85	Laszlo	Jobbygy	77	Hungary	100	105	110	---	105	5
Masters	-85	Erwin	Trichlin	85	Austria	70	75	80	---	80	6
Masters	-105	Marcel	Marossow	48	Germany	200	207,5	212,5	---	212,5	1
Masters	-105	Denys	Kovalov	46	Ukraine	195	200	205	---	200	2
Masters	-105	Alexander	Sänger	44	Austria	160	170	180	---	170	3
Masters	-105	Istvan	Szabo	54	Germany	135	140	145	---	145	4
Masters	-105	Janis	Rajaonarivelo	48	Switzerland	100	105	110	---	105	5



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Age Category	Weight Category	First Name	Last Name	Age	Country	Bench 1	Bench 2	Bench 3	Bench 4	Total	Ranking
Masters	105+	Laszlo	Meszaros	55	Hungary	245	255	265,5 WR	---	265,5	1
Masters	105+	Imrich	Vöros	40	Slovakia	230	240	250	---	240	2
Masters	105+	Günther	Hold	57	Austria	190	200	215,5 ÖR	---	200	3
Masters	105+	Stefan	Schmidt	43	Germany	147,5	155	160	---	160	4
Masters	105+	Amgad	Rida-Tupy	54	Austria	130	145	152,5	---	145	5

Overall Champion:

Laszlo	Meszaros	273,52	1
Erwin	Trichlin	237,85	2
Günther	Hold	222,91	3





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Results | Male Bench Press Equipped

Age Category	Weight Category	First Name	Last Name	Age	Country	Bench 1	Bench 2	Bench 3	Bench 4	Total	Ranking
Junior	-105	Markus	Bischof	21	Austria	140	155	165	---	165	1
Open	-105	Konstantin	Davy	34	Austria	172,5	185	195	---	195	1
Open	105+	Biro	Lajos	28	Hungary	300	300	350	---	300	1
Masters	-85	Laszlo	Jobbagy	77	Hungary	150	150	155	---	150	1
Masters	-85	Erwin	Trichlin	85	Austria	80	90	90	---	80	2
Masters	-105	Erik	Knöfler	43	Germany	280	280	320	---	320	1
Masters	-105	Helmut	Kraus	53	Germany	290	312,5 WR	312,5 WR	---	290	2
Masters	-105	Zoltan	Györi	49	Hungary	260	270	275	---	275	3
Masters	105+	Marco	Regensberger	45	Austria	310	317,5	322,5	---	322,5	1
Masters	105+	Roman	Werner	46	Austria	230	240	252,5	---	252,5	2
Masters	105+	Günther	Hold	57	Austria	245	275	275	---	245	3
Masters	105+	Andreas	Lechner	41	Austria	210	210	215	---	215	4
Masters	105+	Peter Pal	Juhasz-Ilyes	42	Hungary	190	200	202,5	---	190	5
Masters	105+	Franz	Dallinger	51	Austria	160	180	---	---	180	6
Masters	105+	Eck	Ernö	52	Hungary	322,5	322,5	---	---	0	7

Overall Champion:

Helmut	Kraus	315,55	1
Laszlo	Jobbagy	301,51	2
Erik	Knöfler	299,57	3





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Results | Male Deadlift Raw

Age Category	Weight Category	First Name	Last Name	Age	Country	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Total	Ranking
Gast	-85	Anton	Simek jun.	14	Austria	110	140	145	---	145	1
Junior	-85	Johannes	Kraus	16	Germany	130	140	155	---	140	1
Junior	-105	Aaron	Biebel	20	Germany	235	245	260	---	260	1
Junior	105+	Markus	Bauder	16	Austria	170	180	200	---	200	1
Open	-85	Oliver	Apfelthaler	28	Austria	230	250	260	---	250	1
Open	-85	Michael	Hinz	30	Austria	210	230	241 ÖR	245 ÖR	241	2
Open	-85	Niklas	Rupprechter	27	Austria	190	212,5	220	---	220	3
Open	-85	Patrick	Peterlechner	32	Austria	200	210	210	---	210	4
Open	-85	Christoph	Kolar	32	Austria	175	190	202,5	---	202,5	5
Open	-105	Roman	Salbrechter	36	Austria	290	305	305	---	305	1
Open	-105	Peter	Razenböck	42	Austria	270	280	285	---	285	2
Open	-105	Patrick	Gerhartl	31	Austria	240	260	270	---	260	3
Open	-105	Konstantin	Davy	34	Austria	220	235	250	---	250	4
Open	-105	Thomas	Steinacker	32	Austria	230	250	270	---	250	5
Open	-105	Daniel	Breckner	28	Austria	225	237,5	245	---	237,5	6
Open	-105	Stefan	Cagala	34	Austria	190	215	230	---	215	7
Open	-105	Timon	Zemann	34	Austria	180	195	205	---	205	8



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Age Category	Weight Category	First Name	Last Name	Age	Country	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Total	Ranking
Open	105+	Andreas	Reiz	40	Austria	320	340	352,5	---	352,5	1
Open	105+	Jonas	Schwaiger	22	Austria	265	275	285	---	285	2
Open	105+	Markus	Maßwohl	25	Austria	262,5	275	282,5	---	275	3
Open	105+	Robin	Lipp	26	Austria	225	240	252,5	---	252,5	4
Open	105+	Rechard	Nemeth	30	Hungary	225	240	275	---	240	5
Open	105+	Michael	Bauder	27	Austria	185	200	212,5	---	212,5	6
Open	105+	Anton	Simek	43	Austria	180	200	210	---	200	7
Masters	-85	Florian	Maikl	40	Austria	190	210	230	---	230	1
Masters	-85	Reinhard	Müller	56	Austria	212,5 ÖR	222,5 ÖR	230 ÖR	---	230	2
Masters	-85	Gerd	Müller	72	Germany	130	145	155	---	155	3
Masters	-105	Marcel	Marossow	48	Germany	260	270	280	---	280	1
Masters	-105	Alexander	Sänger	44	Austria	225	240	250	---	250	2
Masters	-105	Janis	Rajaonarivelo	48	Switzerland	165	---	---	---	0	3
Masters	105+	Christoph	Senn	43	Germany	310	325	340	---	340	1
Masters	105+	Stefan	Schmidt	43	Germany	252,5	275	275	---	252,5	2
Masters	105+	Marian	Hudek	54	Slovakia	235	245	250	---	250	3
Masters	105+	Amgad	Rida-Tupy	54	Austria	225	242,5	242,5	---	242,5	4

Overall Champion:

Andreas	Reiz	305,27	1
Christoph	Senn	304,27	2
Reinhard	Müller	294,89	3





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Age Category	Weight Category	First Name	Last Name	Age	Country	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Total	Ranking
Open	-85	Sebastian	Dums	32	Germany	170	180	190	---	190	1
Masters	105+	Andreas	Lechner	41	Austria	280	290	300	---	300	1
Masters	105+	Franz	Dallinger	51	Austria	250	250	250	---	250	2

Overall Champion: none (less than 4 athletes)